### The ABCs of Hepatitis Fact Sheet

<table>
<thead>
<tr>
<th>Hepatitis A</th>
<th>Hepatitis B</th>
<th>Hepatitis C</th>
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| **What is it?** | • A virus that causes sickness to the liver  
• USUALLY goes away after several months  
• If it does not go away, it can cause liver cell damage, leading to cirrhosis (scarring) and cancer | • A virus that causes sickness to the liver  
• It can cause liver cell damage, leading to cirrhosis (scarring) and cancer |
| **How is it spread?** | • Contact with infected blood, sexual fluids, or saliva  
• Sharing injection drug equipment, or tattoo and body-piercing tools  
• Human bite  
• Passed from infected mother to newborn during childbirth | • Sharing injection drug equipment, or tattoo and body-piercing tools  
• Contact with infected blood  
• Sharing razors and toothbrushes  
• Passed from infected mother to newborn during childbirth  
• Rarely spread through sex |
| **Symptoms** | For Hepatitis A, B, & C, you may have light stools or dark urine, fatigue, fever, nausea, vomiting, loss of appetite, bellyache, and yellow skin or eyes (jaundice). Some people don't experience any symptoms | • Most people have no symptoms |
| **Treatment** | • Interferon or anti-viral medication | • Direct-Acting Antiviral |
| **Prevention** | • Washing hands with soap and water after using the toilet. Use 1 part bleach to 9 parts water to clean surfaces contaminated with feces, such as changing tables.  
• Avoid contaminated food and water  
• Vaccination | • Clean up spilled blood with 1 part bleach to 9 parts water and wear protective gloves. Soak spill area for 10 minutes.  
• Do not share razors, toothbrushes, or needles  
• Practice safe sex: use a latex condom or barrier  
• Vaccine provides protection for 18 years | • Clean up spilled blood with 1 part bleach to 9 parts water and wear protective gloves. Soak spill area for 10-30 minutes.  
• Do not share razors, toothbrushes, or drug needles  
• Practice safe sex when blood or sores are present  
• No vaccine exists |