Women, age 30 and older

How many others drink as much as you?

The **AUDIT-C** is a questionnaire given to thousands of VA patients. This triangle shows how your drinking compares to Female Veterans, age 30 and older.

Women who score 3 or higher drink above recommended limits and are at increased risks for harm.

Source: Survey of Healthcare Experiences of Patients, 2008, VA Office of Quality and Performance

**AUDIT-C Score (in points)**

- **Severe Risk**: 8-12 points
  - Only 1% drink in this range
  - 99% drink less

- **High Risk**: 6-7 points
  - 2% drink at this level
  - 97% drink less

- **Moderate Risk**: 3-5 points
  - 15% drink at this level
  - 82% drink less

- **Low Risk**: 0-2 points
  - 82% drink in this range or do not drink at all

Source: Survey of Healthcare Experiences of Patients, 2008, VA Office of Quality and Performance

IB 10-347   Stock P96403
Women, age 29 and younger

How many others drink as much as you?

AUDIT-C Score (in points)

- **Severe Risk**: 8-12 points
  - Only 2% drink in this range
  - 98% drink less

- **High Risk**: 6-7 points
  - 7% drink in this range
  - 91% drink less

- **Moderate Risk**: 3-5 points
  - 25% drink in this range
  - 66% drink less

- **Low Risk**: 0-2 points
  - 66% drink in this range or do not drink at all

The AUDIT-C is a questionnaire given to thousands of VA patients. This triangle shows how your drinking compares to Female Veterans, age 29 or younger.

Women who score 3 or higher drink above recommended limits and are at increased risks for harm.

Source: Survey of Healthcare Experiences of Patients, 2008, VA Office of Quality and Performance