

March 2020

Hepatitis C Virus (HCV)

VA IS A NATIONAL LEADER IN HEPATITIS C TESTING, CARE, AND TREATMENT

HCV Testing

- VA has higher rates of birth cohort screening (people born between 1945-1965) and HCV reflex confirmatory testing than any other large health care system in the US.
 - As of March 2020, 83.9% of VA's birth cohort had been tested.
- In March 2020, USPSTF updated their guidelines to recommend HCV testing for all adults age 18-79.
 - o As of March 2020, VA has tested 69.5% of Veterans in VA care.

HCV Treatment

- Treatment of HCV can prevent the progression of advanced liver disease (e.g. cirrhosis) and help prevent hepatocellular carcinoma (HCC), end-stage liver disease, and death.
- All Veterans with hepatitis C in VA care are eligible for treatment. Veterans with HCV are generally referred by their primary care provider to the local VA HCV clinic for evaluation and treatment; at many VAs, the local HCV clinic is conducting active outreach to Veterans known to have HCV to schedule appointments for such evaluation. To qualify for medical evaluation for treatment, a Veteran has to be enrolled in VA health care and be diagnosed with HCV.
- VA has treated more patients for HCV than any large health care system in the US.
 - Since the availability of all oral HCV antivirals in 2014 VA has treated and cured more than 100,000 Veterans.
- VHA has minimized barriers to HCV treatment
 - o HCV anti-virals are prescribed based on clinical considerations, not cost.
 - All FDA-approved HCV anti-virals have been added the VA National Formulary.
 - No requirement for liver biopsy prior to treatment.
 - No minimum length of abstinence from alcohol or substance use prior to treatment.

HCV Care

- Every Veteran in VA care diagnosed with HCV is followed in VA's National Hepatitis C Clinical Case Registry.
- VHA's National Viral Hepatitis Program has coordinated and supported hepatitis C care in the field for over 15 years. The program has:
 - Developed tools, training, and resources for VA clinicians and patients
 - Published standardized policies and guidelines for diagnosis, anti-viral treatment, and management of advanced liver disease
 - Adopted recommended birth cohort and high risk testing policies
 - o Pioneered integrated care for hepatitis C patients
 - Implemented system re-design: Adopting VISN and VAMC projects to remove local barriers to access through Lean Management to address gaps in HCV care and treatment across the system
- It is estimated that between 10,000-15,000 Veterans in VA care with HCV who are awaiting treatment are not currently willing or able to initiate/complete HCV treatment. VA is taking steps to more effectively address this issue by increasing availability of treating providers and staff to provide care for treatment limiting co-morbidities and issues of homelessness (psychiatric, psychosocial, case management), training new providers, and expanding the use of telehealth.