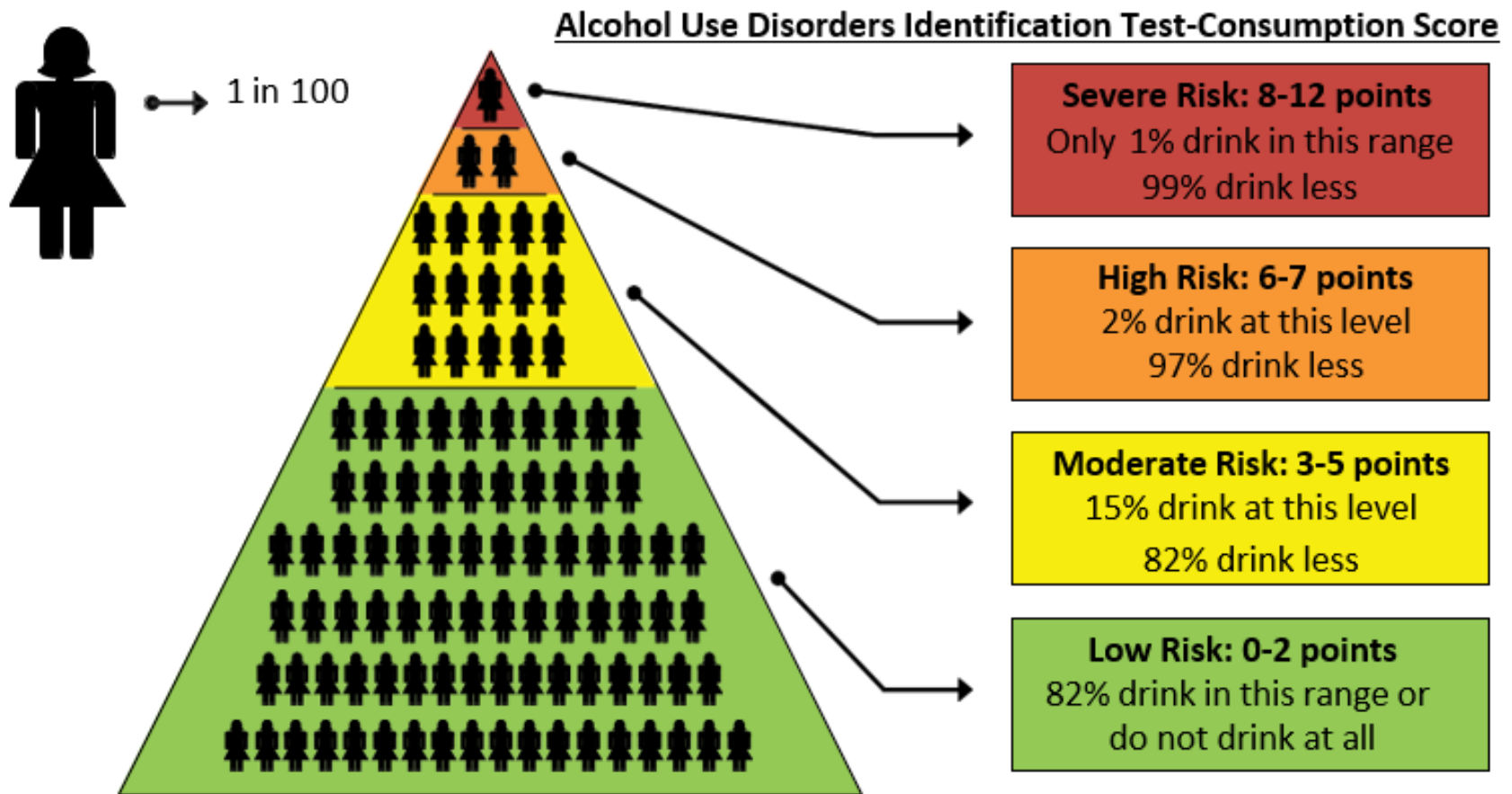


Women (30 Years Old or Older)

## How Many Others Drink As Much As You?

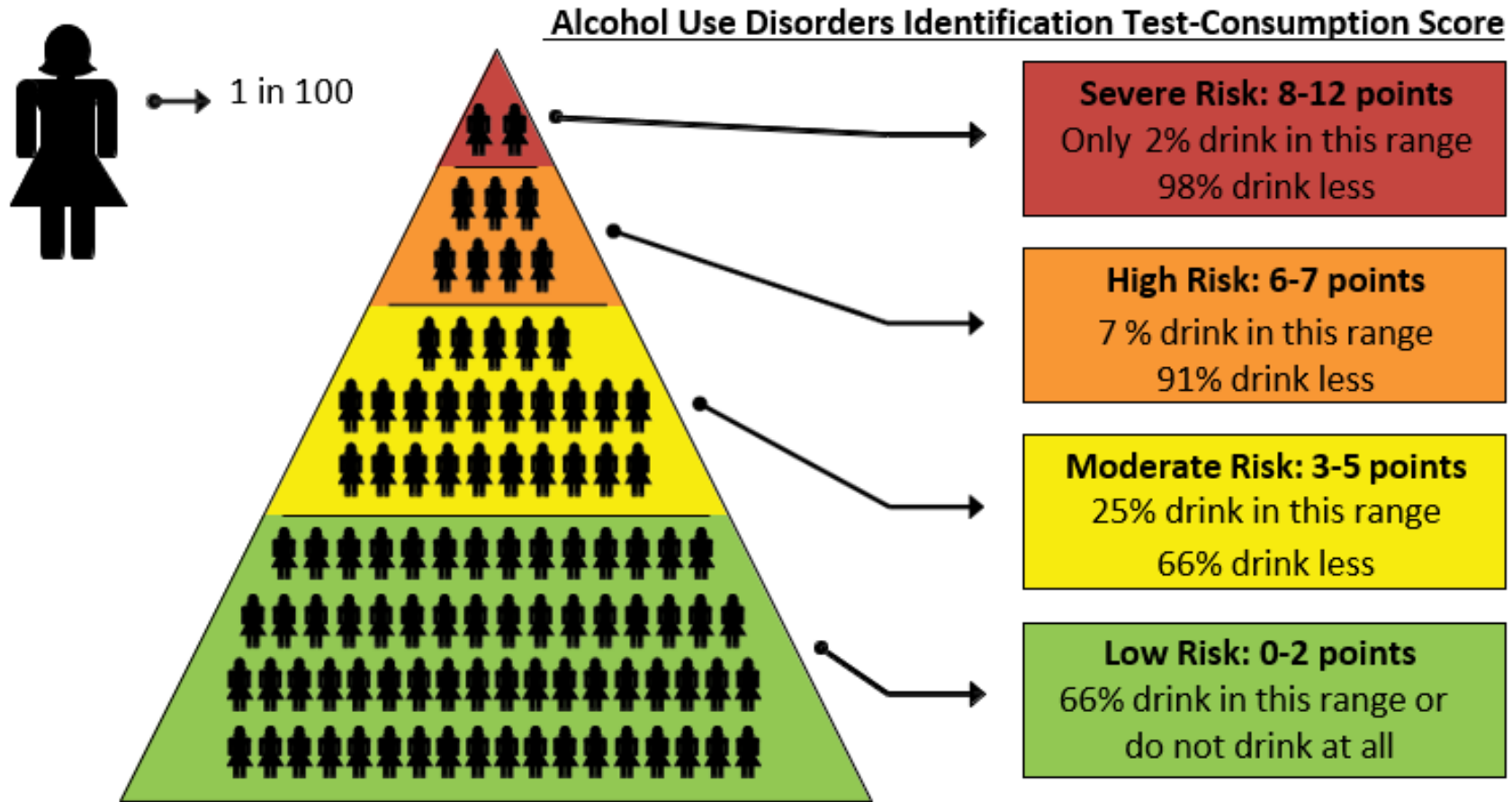


**Figure 1: Alcohol Use Disorders Identification Test Pyramid and Scores/Risks for Women 30 Years Old or Older**

The Alcohol Use Disorders Identification Test (AUDIT-C) is a questionnaire given to thousands of Veteran Affairs (VA) patients to screen for excessive drinking. Reference *Figure 1* above which shows how drinking compares for female Veterans who are 30 years old or older. Women who score 5 or more points, are above the recommended drinking limit and are at increased risks for harm.

Sources: Survey of Healthcare Experiences of Patients, 2008, VA Office of Quality and Performance; [VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders 2021](#).

## How Many Others Drink As Much As You?



**Figure 2: Alcohol Use Disorders Identification Test Triangle and Scores/Risks for Women 29 Years Old and Younger**

The AUDIT-C is a questionnaire given to thousands of VA patients to screen for excessive drinking. Reference *Figure 2* above which shows how drinking compares for female Veterans who are 29 years old or younger. Women who score 5 or more points, are above the recommended drinking limit and are at increased risks for harm.

Sources: Survey of Healthcare Experiences of Patients, 2008, VA Office of Quality and Performance; [VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders 2021](#).