

Taking Your Hepatitis B Therapy

Tenofovir disoproxil fumarate (Tenofovir DF)

Tenofovir DF = Viread®



- ▶ Dose: 1 tablet (300 mg) daily by mouth at the same time daily.
- ▶ Take Tenofovir DF with or without food.
- ▶ Possible side effects include nausea, abdominal pain, diarrhea, headache, and dizziness.
- ▶ Store your medication at room temperature (68-77° F).
- ▶ Take your Tenofovir DF every day. If you miss doses, you will give the virus the opportunity to grow. This may also cause the virus to become resistant to the medication, making it ineffective.



Morning Time: ____ am

Take 1 Tenofovir DF (Viread®) tablet daily with or without food.

If You Miss a Dose:

Tenofovir DF: Viread

- ▶ If you miss a dose of your medication, TAKE THE MISSED DOSE THE SAME DAY as soon as you remember, then take your next dose at your regular time the next day.
- ▶ Do not take more than 1 dose of your medication in one day.
- ▶ DO NOT take two doses at the same time to make up for a missed dose.
- ▶ It is very important that you do not run out of pills, so be aware of your refills and how many pills you have left at all times.
- ▶ Note: If you miss multiple doses, call your prescriber/clinic listed below.

Prescriber/Clinic Contact: _____

For Refills: _____



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