

Managing Side Effects of Vosevi®

(Sofosbuvir/Velpatasvir/Voxilaprevir)

Headache (21-23%)

- ▶ Maintain adequate fluid intake
- ▶ Try to get plenty of rest
- ▶ Take acetaminophen (Tylenol®)* as advised by your provider; see instructions on page 2

Fatigue (17-19%)

- ▶ Try low-impact exercise (walking or low-impact aerobics) as directed by your provider
- ▶ Maintain adequate fluid intake (at least 6 to 8 non-caffeinated 8-ounce glasses/day)
- ▶ Take a short nap during the day
- ▶ Lessen your work schedule if possible
- ▶ Eat well-balanced meals daily

Diarrhea (13-14%)

- ▶ Avoid foods that are spicy or acidic (like citrus)
- ▶ Eat fiber like bananas, white rice, applesauce, and white toast (the BRAT diet)
- ▶ Maintain adequate fluid intake (at least 6-8 non-caffeinated 8-ounce glasses/day)
- ▶ Avoid dairy products for 2-3 days after diarrhea resolves
- ▶ Your provider may recommend loperamide (Imodium®)* or methylcellulose (Citrucel®)* or psyllium (Metamucil®)*

Nausea (10-13%)

- ▶ Eat smaller meals
- ▶ Avoid foods/smells that trigger nausea; eat cold foods
- ▶ Eat healthy foods; avoid greasy, spicy, acidic, or sweet foods
- ▶ Try ginger in ginger tea, ginger ale, or gingersnaps
- ▶ Eat some crackers or dry white toast if you feel sick in the morning

Insomnia (3-6%)

- ▶ Try a glass of warm milk (contains tryptophan, a natural sleep agent)
- ▶ Limit fluid intake for 2 hours before bedtime to avoid getting up to go to the bathroom in the middle of the night
- ▶ Avoid caffeinated products after 4 p.m.
- ▶ Avoid eating heavy meals close to bedtime
- ▶ Take warm baths, read or listen to music, get a massage
- ▶ Diphenhydramine (Benadryl®)* or other medications may be recommended by your provider

Amiodarone (a heart rhythm medicine) should not be taken with Vosevi because it can cause an abnormal slowing of the heart rate called bradycardia.

Over-the-counter antacids or acid-reducing agents can reduce the effectiveness of Vosevi. Talk with your provider if you are planning on taking these medications.

* Generic versions are usually less expensive than brand-name products. Brand names are provided as examples only, and their inclusion does not indicate an endorsement by the Veterans Health Administration or any other Government agency. Also, if a particular brand name is not mentioned, it does not mean or imply that the product is unsatisfactory.



U.S. Department of Veterans Affairs

Veterans Health Administration
HIV, Hepatitis, & Related Conditions Programs

Additional Instructions While on Treatment

Monitoring and follow up with your provider may be necessary. It is important to take your medications, have laboratory tests, and return for clinic appointments as instructed. Inform your provider if you need to reschedule an appointment.

Notify your provider about all medications including over-the-counter products and dietary/herbal supplements that you are taking. Ask your provider before taking any new medications while on treatment.

Notify your provider of any adverse effects during treatment. Seek immediate medical attention if you develop any serious side effect such as chest pain; shortness of breath; unusual bleeding or bruising; vision changes; dark urine; yellowing eyes or skin; or thoughts of harming yourself or someone else.

Helpful Telephone Numbers

Telephone Advice Nurse: _____

Clinic: _____

Provider: _____

Vosevi Support Line: 1-833-486-7384

Other Medications Approved for Your Use if Checked Off by Your Provider

For Aches/Pains

- Acetaminophen (Tylenol®): Take 1-2 tablets every 4-6 hours if needed, up to maximum of 2,000 mg a day. DO NOT TAKE MORE THAN 6 tablets a day of 325 mg OR 4 tablets a day of 500 mg acetaminophen (Tylenol®).
- Ibuprofen (Advil® or Motrin®) _____ mg: Take ___ tablet every 6 hours with food.
- Naproxen (Aleve®) _____ mg: Take ___ tablet twice a day with food.

For Sleep

- Diphenhydramine (Benadryl®) _____ mg: Take ___ capsule/tablet at bedtime as needed.
- Trazodone _____ mg: Take ___ tablet at bedtime as needed.