Taking Your Hepatitis C Triple Therapy: TELAPREvir

Telaprevir

- Take two (2) 375mg tablets every 8 hours.
- The telaprevir dose cannot be decreased. Do not make dose adjustments.
- Do not miss any doses. The hepatitis C virus can become resistant to telaprevir if you miss a dose.
- You MUST take each dose within 30 minutes of food that contains at least 20 grams of fat.

Ribavirin

- You will be given 200 mg capsules or tablets. Your dose will be based on your weight and may change during the course of treatment.
- Take with food to minimize stomach upset such as nausea and vomiting.

Peginterferon

- You will be given prefilled syringes or pens. Store in the refrigerator.
- Dose: [ ] Pegasys® ______ mcg/week or [ ] Peg-Intron® ______ mL (_______ mcg)/week
- This medication is injected once weekly—take it the same day, same time.

My Medication Schedule

<table>
<thead>
<tr>
<th>Morning</th>
<th>Afternoon</th>
<th>Night</th>
<th>Inject weekly</th>
<th>Examples of 20 grams of fat</th>
</tr>
</thead>
<tbody>
<tr>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td></td>
<td>(Check food labels)</td>
</tr>
<tr>
<td>20g FAT</td>
<td>20g FAT</td>
<td>20g FAT</td>
<td></td>
<td>Bagel with cream cheese</td>
</tr>
<tr>
<td>_____ am</td>
<td>_____ pm</td>
<td>_____ pm</td>
<td></td>
<td>½ cup nuts</td>
</tr>
<tr>
<td>_____ am</td>
<td>_____ pm</td>
<td>_____ pm</td>
<td></td>
<td>3 TBSP peanut butter</td>
</tr>
<tr>
<td># ribavirin</td>
<td># ribavirin</td>
<td># ribavirin</td>
<td></td>
<td>4 pieces of string cheese</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1 cup ice cream</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>6 oz. salmon</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>Salad with 3 TBSP dressing</td>
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<td></td>
<td></td>
<td>*1 TBSP olive oil adds 14 grams fat to a meal/snack</td>
</tr>
</tbody>
</table>

Note: Patients can choose whether to take ribavirin and telaprevir together, or at separate times of day.

If You Miss a Dose:

Telaprevir:

- If it is more than 4 hours since your missed dose, SKIP THE MISSED DOSE and take the next dose according to your normal dosing schedule.
- If it is 4 hours or less since your missed dose, TAKE THE MISSED DOSE NOW WITH FOOD and take the next dose according to your normal dosing schedule.
- If you miss multiple doses, call your prescriber/clinic listed below.

Ribavirin:

- If you miss more than 1-2 days of ribavirin, call your prescriber/clinic listed below.

Prescriber/Clinic Contact: ________________________________

For Refills: ________________________________


February 2012